AN 8-DAY TRAUMA-INFORMED CEREMONY PROGRAM

Shipibo Ayahuasca Immersion

Three ceremonies. A lineage of twenty-three years.
The full arc of healing, not a single night.

MARCH 13 TO 20, 2027 · 8 DAYS / 7 NIGHTS

Ten guests, held with intention · with Maestro Wilder Rojas Nunta · Playa Grande, Costa Rica

WHO THIS IS FOR

Ayahuasca has been calling you for some time.

You are not looking for an experience. You are looking for a real shift. You want the authentic Shipibo tradition, a Maestro of genuine depth, and a container built around your capacity to go as deep as the medicine can take you.

This is the full arc of healing: comprehensive preparation, three ceremonies held by a Maestro with over twenty-three years of lineage, individual consultas, and integration that turns a profound night into lasting change.

YOU MAY BE READY IF

CALLED	Ayahuasca has been calling you for some time
BEYOND	therapy took you far, but not far enough
CARRY	something in the body that has not yet shifted
DEEPER	ready to go into the body, not just the mind
AUTHENTIC	you want true Shipibo lineage, not a casual ceremony
COMMITTED	to the dieta and the preparation process
READY	you know this will be challenging, and feel ready
WHOLE	you take integration as seriously as ceremony


A REAL SHIFT, INTO THE BODY, NOT JUST THE MIND

10	3	2	23+
GUESTS MAX	CEREMONIES	CONSULTAS	YRS LINEAGE

WHY ANANDA IS DIFFERENT

Hundreds of options. Here is what sets this apart.

The quality of an Ayahuasca experience is determined by the caliber of the Maestro, the depth of the container, and the capacity of the facilitation team. Every decision at Ananda is designed to maximize all three.

01 The Maestro is present the whole way

Maestro Wilder shares meals, joins integration circles, and gives two individual consultas, direct access most programs do not offer.

02 With ten guests, you are seen

A high staff-to-guest ratio means every nervous system is tracked and held in real time, a depth of presence impossible in a room of twenty-five.

03 Preparation & integration for lasting change

One care-team member holds you from first session to last. The structure around ceremony is what turns a profound experience into real change.

04 Luxury that does not compromise the medicine

King ocean-view suites, dieta-aligned gourmet meals, a property above jungle and Pacific. Between ceremonies, your body rests in beauty.

05 Sacred meets science

Twenty-three years of Shipibo tradition and western somatic psychology in one container. Traditional precision and contemporary attunement, together.

06 Go deeper with Kambô

An optional Amazonian detoxifier that clears heavy energy and can deepen your capacity to receive the medicine. Discussed during intake.



THE TRADITION · SHIPIBO-KONIBO LINEAGE

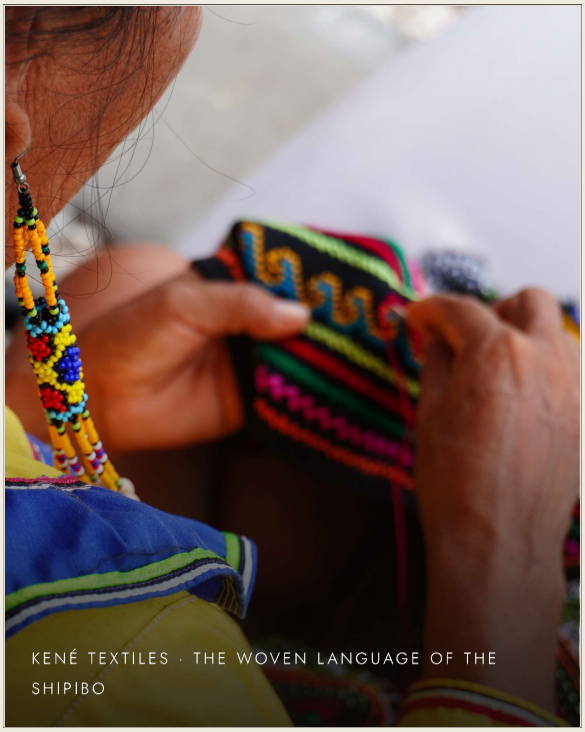
One of the world's most sophisticated healing lineages.

The Shipibo are the largest and most resilient tribe of the Peruvian Amazon, living along the Ucayali River. They gain their healing wisdom directly from the plants themselves. Their *icaros*, or healing songs, carry the intelligence of generations. What we call trauma, they call dense energies, held in the physical and energetic body.

The *Onanya*, or master healer, follows a specific progression with each pasajero. Through focused icaros and energy work, the curandero removes the blockages trapped in the system, creating space for re-harmonization. This is precision work, not ceremony as performance.

WHAT THE TRADITION OFFERS

- Direct transmission of healing knowledge through decades of plant diets
- Icaros that carry intention directly into each guest's energetic field
- Identifying and removing specific energetic blockages for each person
- A progression unique to each pasajero, not a generic group ceremony
- Traditional preparatory rituals: Vomitivo and ceremonial floral baths
- Post-ceremony consultas to process and anchor what the medicine revealed



KENÉ TEXTILES · THE WOVEN LANGUAGE OF THE SHIPIBO

> *What we call trauma, the Shipibo call dense energies. The curandero does not perform. He removes what is trapped, and makes space for you to re-harmonize.*

MARCH 13 TO 20, 2027

The eight-day healing arc.

A carefully sequenced progression: nervous-system safety before the medicine, three ceremonies with room to integrate between each, and two individual consultas that direct the Maestro's work toward what you carry. This is the full arc of healing, not a single night.

DAY 1 The Landing

Arrival, welcome, and orientation. Meeting the land, the circle, and the Maestro, and letting the nervous system slow before the work begins.

DAY 2 · CEREMONY Vomitivo & First Medicine

A traditional Vomitivo and floral bath prepare the body. That night, the first Ayahuasca ceremony, building trust and letting the medicine begin its work.

DAY 3 · CONSULTA Integration & First Consulta

Group integration circle and somatic movement. Your first individual consulta: the Maestro receives what surfaced and directs the next ceremony toward it.

DAY 4 · CEREMONY The Second Ceremony

A floral bath, then the second ceremony deepens what the first made safe to meet. Focused icaros and energy work directed toward each pasajero.

DAY 5 · CONSULTA Weaving & Second Consulta

Integration circle, art therapy, breathwork, and beach time. Your second consulta with the Maestro prepares and focuses the final ceremony.

DAY 6 · CEREMONY The Third Ceremony

The final floral bath and the third ceremony: harmonizing, anchoring, and closing the medicine arc, carrying forward everything the work has revealed.

DAY 7 Landing It

Closing integration circle, somatic movement, and a sunset beach walk. Anchoring what the medicine revealed into the body before you leave.

DAY 8 Carrying It Home

A closing circle and departure, with a clear thread into weeks of integration sessions, emails, and guidebooks that turn this into lasting change.

> *Three ceremonies, two consultas, one continuous arc, each ceremony directed by what the last one revealed.*

THE PEOPLE WHO HOLD YOU

Every role has clear edges, and every guest is known.



SHIPIBO MAESTRO · PERUVIAN AMAZON

Wilder Rojas Nunta

Over twenty-three years on the Shipibo healing path, rooted in the ancestral traditions of the Shipibo-Konibo people and dieted with a wide range of master plants. He is known for safely guiding and protecting participants, opening what he calls "the world of the medicines," a space of light, clarity, and restored harmony.

Specialist in warmis plants for relational healing

Two individual consultas with each guest

YOUR PRIMARY GUARDIANS



Michal Sanken Koshi

LEAD GUARDIAN · CEREMONY

Co-founder of Imago Community. Initiated through the Santo Daime tradition, he studied deeply with Colombian Taitas, dieted with Peruvian Maestros and Brazilian Pajés, and was initiated into the Andean Cosmovision. With two degrees in psychology, he honors the law of origin while meeting the integration needs of today.



Emma Alexandra

LEAD GUARDIAN · GUEST EXPERIENCE

Mother, musician, and ceremonial facilitator rooted in indigenous wisdom traditions and the honoring of lineage. She works with the medicine of sound, using her voice to ground, open, and guide. Her core work is integration: weaving what opened in ceremony into lasting, lived change.



Kimberly Ocaña

CO-FOUNDER · SOMATIC CARE

Twenty years of coaching, trauma-informed from intake to final session.



Hannelore Brandt

BREATHWORK · MOVEMENT

Leads two elemental breathwork sessions and daily movement.

IN THEIR WORDS

What guests carry home with them.

"There are retreats that offer you an experience, and then there are communities that become part of a much longer journey. My experience did not simply begin and end with a ceremony in Costa Rica. It continued, through relationships, trust, and support."

IOANA

"I can't say enough about the care, compassion, and thoughtfulness that Emma, Michal, and Kimberly bring to every part of the retreat. Nothing feels generic or rushed. I felt safe, seen, and genuinely cared for throughout."

KIM

"I have done Ayahuasca in the Amazon and at Rythmia. Ananda is the best of both worlds: small group in the jungle, and a Shipibo shaman with integration after every ceremony. That is actually very rare."

POOLAK

"I did not know 'trauma-informed' could be more than a terminology. I did not know it was possible to feel so safe and emotionally held. It genuinely restored my faith in humanity."

STEPHANIE

"This experience has touched my soul in ways I never expected. The love and support I received have left a lasting impact. Your work is truly life-changing, and I will carry the lessons and love you shared with me always."

ARLENE

"The support during and after ceremony is unmatched. The small group allows for the ideal amount of space one needs to really go deep and heal."

SCOTT



A SMALL GROUP, IN THE JUNGLE, ABOVE THE PACIFIC COAST

WHAT IS INCLUDED · FOUR PILLARS

One investment. The complete program.

01 · CEREMONIES

- 3 Shipibo Ayahuasca ceremonies with Maestro Wilder
- 2 individual consultas with the Maestro
- Traditional Vomitivo & 3 ceremonial floral baths
- 2 elemental breathwork sessions with Hanne

02 · CARE

- Somatic trauma-informed facilitation at every stage
- One guardian from intake to final integration
- Somatic embodiment integration
- 2-hour art therapy workshop

03 · ACCOMMODATION

- Private king ocean-view suite · 7 nights, all-private
- All gourmet meals by private chef, dieta-aligned
- Time for rest, restoration & onsite healing services
- Beach walks & a Shipibo market

04 · INTEGRATION

- 2 individual preparation sessions & full intake
- 3 individual integration sessions after you return
- Virtual group preparation & integration calls
- Weekly integration emails & in-depth guidebooks

INVESTMENT · TEN GUESTS

$5,295

8 days / 7 nights. Private king ocean-view suite.
Reserve your place with a 50% deposit.

Two partial scholarships available.
Enrollment closes February 20, 2027.

OPTIONAL ADD-ON

Go deeper with Kambô

An ancestral Amazonian practice that clears heavy, stagnant energy and can deepen your capacity to receive the Ayahuasca work. Facilitated by a trained guardian and discussed during intake. Call for add-on pricing.

First four to register receive a premium second-floor ocean-view suite.

NOT INCLUDED ✦ Airfare ✦ Shuttle transportation ✦ Plant medicine fee

BEGIN HERE · HOW TO ENROLL

Begin your Sacred Journey.

Ananda does not fill spots on a first-come basis. Every application is reviewed to ensure the container is the right fit, for you and for the group. It begins with a thirty-minute call with Emma, our Guest Experience Director. No pressure; a genuine conversation about where you are.

1 **Book a Sacred Journey call**

A 30-minute conversation about where you are and what you carry.

2 **Complete your application**

Health history, medications, intentions, and prior experience, reviewed carefully.

3 **Receive your acceptance**

A welcome packet, 50% deposit instructions, and your first preparation session.

4 **Begin preparation**

Dietary guidance, two individual sessions, and a group call before arrival.

UPCOMING COHORTS · HELD BY 50% DEPOSIT

March 13 to 20

2027 · ENROLLMENT CLOSES FEB 20

BOOK A SACRED JOURNEY CALL

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