



AN 8-DAY TRAUMA-INFORMED CEREMONY PROGRAM

Shipibo Ayahuasca Immersion

*Three ceremonies. A lineage of twenty-three years.
The full arc of healing — not a single night.*

8 DAYS · 7 NIGHTS · 3 AYAHUASCA CEREMONIES

Eight guests, held with intention · with Maestro Wilder Rojas Nunta · Playa Grande, Costa Rica

WHO THIS IS FOR

Ayahuasca has been calling you for some time.

You are not looking for an experience. You are looking for a real shift. You want the authentic Shipibo tradition, a Maestro of genuine depth, and a container built around your capacity to go as deep as the medicine can take you.

This is the full arc of healing — comprehensive preparation, three ceremonies held by a Maestro with over twenty-three years of lineage, individual consultas, and integration that turns a profound night into lasting change.

YOU MAY BE READY IF

CALLED Ayahuasca has been calling you for some time

BEYOND therapy took you far, but not far enough

CARRY something in the body that has not yet shifted

DEEPER ready to go into the body, not just the mind

AUTHENTIC you want true Shipibo lineage, not a casual ceremony

COMMITTED to the dieta and the preparation process

READY you know this will be challenging, and feel ready

WHOLE you take integration as seriously as ceremony



8

GUESTS MAX

3

CEREMONIES

2

CONSULTAS

23+

YRS LINEAGE

Hundreds of options. Here is what sets this apart.

The quality of an Ayahuasca experience is determined by the caliber of the Maestro, the depth of the container, and the capacity of the facilitation team. Every decision at Ananda is designed to maximize all three.

01 The Maestro is present the whole way

Maestro Wilder shares meals, joins integration circles, and gives two individual consultas — direct access most programs offer none of.

02 With eight guests, you are seen

A high staff-to-guest ratio means every nervous system is tracked and held in real time — a depth of presence impossible in a room of twenty-five.

03 Preparation & integration for lasting change

One care-team member holds you from first session to last. The structure around ceremony is what turns a profound experience into real change.

04 Luxury that does not compromise the medicine

King ocean-view suites, dieta-aligned gourmet meals, a property above jungle and Pacific. Between ceremonies, your body rests in beauty.

05 Sacred meets science

Twenty-three years of Shipibo tradition and western somatic psychology in one container. Traditional precision and contemporary attunement, together.

06 Go deeper with Kambó

An optional Amazonian detoxifier that clears heavy energy and can deepen your capacity to receive the medicine. Discussed during intake.



THE QUALITY OF THE SPACE SUPPORTS THE QUALITY OF THE HEALING

One of the world's most sophisticated healing lineages.

The Shipibo are the largest and most resilient tribe of the Peruvian Amazon, living along the Ucayali River. They gain their healing wisdom directly from the plants themselves — their *icaros*, or healing songs, carry the intelligence of generations. What we call trauma, they call dense energies, held in the physical and energetic body.

The *Onanya*, or master healer, follows a specific progression with each pasajero. Through focused icaros and energy work, the curandero removes the blockages trapped in the system, creating space for re-harmonization. This is precision work — not ceremony as performance.

WHAT THE TRADITION OFFERS

- ◆ Direct transmission of healing knowledge through decades of plant diets
- ◆ Icaros that carry intention directly into each guest's energetic field
- ◆ Identifying and removing specific energetic blockages for each person
- ◆ A progression unique to each pasajero, not a generic group ceremony
- ◆ Traditional preparatory rituals — Vomitivo and ceremonial floral baths
- ◆ Post-ceremony consultas to process and anchor what the medicine revealed



What we call trauma, the Shipibo call dense energies. The curandero does not perform — he removes what is trapped, and makes space for you to re-harmonize.

The eight-day healing arc.

A carefully sequenced progression — nervous-system safety before the medicine, three ceremonies with room to integrate between each, and two individual consultas that direct the Maestro's work toward what you carry. This is the full arc of healing, not a single night.

DAY 1 The Landing

Arrival, welcome, and orientation. Meeting the land, the circle, and the Maestro, and letting the nervous system slow before the work begins.

DAY 3 · CONSULTA Integration & First Consulta

Group integration circle and somatic movement. Your first individual consulta — the Maestro receives what surfaced and directs the next ceremony toward it.

DAY 5 · CONSULTA Weaving & Second Consulta

Integration circle, art therapy, breathwork, and beach time. Your second consulta with the Maestro prepares and focuses the final ceremony.

DAY 7 Landing It

Closing integration circle, somatic movement, and a sunset beach walk. Anchoring what the medicine revealed into the body before you leave.

DAY 2 · CEREMONY Vomitivo & First Medicine

A traditional Vomitivo and floral bath prepare the body. That night, the first Ayahuasca ceremony — building trust and letting the medicine begin its work.

DAY 4 · CEREMONY The Second Ceremony

A floral bath, then the second ceremony deepens what the first made safe to meet. Focused icaros and energy work directed toward each pasajero.

DAY 6 · CEREMONY The Third Ceremony

The final floral bath and the third ceremony — harmonizing, anchoring, and closing the medicine arc, carrying forward everything the work has revealed.

DAY 8 Carrying It Home

A closing circle and departure — with a clear thread into weeks of integration sessions, emails, and guidebooks that turn this into lasting change.

“Three ceremonies, two consultas, one continuous arc — each ceremony directed by what the last one revealed.”

Every role has clear edges — and every guest is known.



SHIPIBO MAESTRO

Wilder Rojas Nunta

VISTA DELERA DE MAZICEA · PERUVIAN AMAZON

Maestro Wilder has walked the Shipibo healing path for over twenty-three years. Rooted in the ancestral traditions of the Shipibo-Konibo people, he has dined with a wide range of master plants. Among his specialties is work with *warmis* plants — harmonizing relationships and restoring emotional and spiritual connection.

In ceremony he is known for his ability to safely guide and protect participants, working with care and precision to open what he calls “the world of the medicines” — a space of light, clarity, and restored harmony.

23+ years of Shipibo plant-medicine practice

Specialist in warmis plants for relational healing

Present throughout the full retreat, not only ceremony

Two individual consultas with each pasajero

YOUR TRAUMA-INFORMED CARE TEAM



Michal Sanken Koshi

LEAD GUARDIAN · CEREMONY

Two psychology degrees and deep shamanic study; works with the medicine of song and symbol throughout ceremony.



Emma Alexandra

CO-LEAD · GUEST EXPERIENCE

Ceremonial facilitator and singer; works with the medicine of sound and holds plant-medicine integration.



Kimberly Ocaña

CO-FOUNDER · SOMATIC FACILITATION

Twenty years of coaching and five with plant medicines; holds a trauma-informed approach from intake to final session.



Hannelore Brandt

CARE TEAM · SOMATIC MOVEMENT

Certified breathwork facilitator and professional dancer; leads daily movement, meditation, and embodiment.

IN THEIR WORDS

What guests carry home with them.

"I have done Ayahuasca in the Amazon and at Rythmia. Ananda is the best of both worlds — small group in the jungle, and a Shipibo shaman with integration after every ceremony. That is actually very rare."

POOLAK · VERIFIED GUEST

"I did not know 'trauma-informed' could be more than a terminology. I did not know it was possible to feel so safe and emotionally held. It genuinely restored my faith in humanity."

STEPHANIE · VERIFIED GUEST

"The Shipibo maestra's icaros were powerful beyond words — ancestral, precise, and deeply moving. Even in the intensity, I felt supported at every step."

IOANA · VERIFIED GUEST

"The support during and after ceremony is unmatched. The group size of only eight allows for the ideal amount of space one needs to really go deep and heal."

SCOTT · VERIFIED GUEST



A SMALL GROUP, IN THE JUNGLE, ABOVE THE PACIFIC COAST

One investment. The complete program.

01 · CEREMONIES

3 Shipibo Ayahuasca ceremonies with Maestro Wilder

2 individual consultas with the Maestro

Traditional Vomitivo & 3 ceremonial floral baths

Daily group integration circles

03 · ACCOMMODATION

Private king ocean-view suite · 7 nights, all-private

All gourmet meals by private chef, dieta-aligned

Pool with panoramic ocean & jungle views

Beach walks, free time & a Shipibo market

02 · CARE

Somatic trauma-informed facilitation at every stage

One guardian from intake to final integration

Somatic movement & breathwork woven throughout

2-hour art therapy workshop

04 · INTEGRATION

2 individual preparation sessions & full intake

3 individual integration sessions after you return

Virtual group preparation & integration calls

Weekly integration emails & in-depth guidebooks

INVESTMENT

\$5,795

8 days / 7 nights · all-inclusive except flights.

Private king ocean-view suite.

Monthly payment plans available — reserve your place with a 50% deposit (\$2,897).

OPTIONAL ADD-ON

Go deeper with the medicine of Kambô

An ancestral Amazonian detoxifier that clears heavy, stagnant energy and can deepen your capacity to receive the Ayahuasca work.

Facilitated by a trained guardian; discussed during intake.

\$150

Single session

\$400

Traditional 3-session series

First four to register receive a premium second-floor ocean-view suite.

Begin your Sacred Journey.

Ananda does not fill spots on a first-come basis. Every application is reviewed to ensure the container is the right fit — for you and for the group. It begins with a thirty-minute call with Emma, our Guest Experience Director. No pressure; a genuine conversation about where you are.

1

Book a Sacred Journey call

A 30-minute conversation about where you are and what you carry.

2

Complete your application

Health history, medications, intentions, and prior experience — reviewed carefully.

3

Receive your acceptance

A welcome packet, 50% deposit instructions, and your first preparation session.

4

Begin preparation

Dietary guidance, two individual sessions, and a group call before arrival.

UPCOMING COHORTS · HELD BY 50% DEPOSIT

Sep 25 – Oct 2

2026 · OPEN

Feb 27 – Mar 6

2027 · OPEN

Jun 5 – 12

2027 · OPEN

Nov 5 – 12

2027 · OPEN

BOOK A SACRED JOURNEY CALL