



SAN PEDRO WEEKEND IMMERSION

Huachuma

*Three days with the grandfather medicine. A first
meeting, or a deeper return.*

JANUARY 16 TO 18, 2027

With Nikki Szeghalmi · Ten guests · Playa Grande, Costa Rica

WHO IT'S FOR

You have been hearing about this medicine. Or it has already found you.

Some people come to San Pedro with curiosity and a little caution. Others come because they have sat with it before and know there is more. This weekend is built for both: a contained, well-held way to meet Huachuma, or to go further with it, without stepping away from your life for a full week.

IF YOU ARE NEW

Curious, and wanting to do it right.

- ♦ You want a first experience held by someone experienced
- ♦ A gentle, daytime medicine feels like the right door
- ♦ A weekend feels possible when a week does not
- ♦ You want preparation, safety, and answers first

IF YOU HAVE SAT BEFORE

Ready to go deeper with the medicine.

- ♦ You know Huachuma and feel called back to it
- ♦ You want to sit with a carrier devoted to this one path
- ♦ Something from your last ceremony is still unfolding
- ♦ You want a focused reset at the start of the year



EITHER WAY, YOU WILL NOT BE RUSHED

THE MEDICINE

Huachuma, the grandfather medicine.

San Pedro, or Huachuma, is a cactus revered as sacred medicine for more than three thousand years in the Andes. Its Quechua name is often translated as *removing the head*: the quieting of the thinking mind so the heart can speak.

It is taken in daylight and works gently over many hours. People describe it as heart-opening and grounding, a medicine that keeps you present in your body and connected to the land around you. For those new to plant medicine, that steadiness is often what makes it the right first step. For those returning, it is what lets the work go deeper.

3,000

YEARS REVERED

3

DAYS

10

GUESTS, MAX

1

DAYLIGHT CEREMONY



SAN PEDRO, SERVED IN CEREMONY

WHAT YOU LEAVE WITH

Three days. A clearer way home.

Every experience with the medicine is personal, and we make no promises about what yours will hold. These are the things guests most often describe as they head home.

A quieter mind

Less noise, and a clearer sense of what actually matters to you.

An open heart

Softness toward yourself and the people you love.

Feeling at home in your body

Settled, present, and back in touch with your own felt sense.

Connection to nature

The jungle, the ocean, and your place within them.

A thread to follow

One or two clear insights, carried into the year ahead.

Trust in the medicine

For first-timers, a safe foundation. For returners, a deeper relationship.

WHY A WEEKEND

Short enough to say yes to. Held carefully enough to matter.

Three days and two nights: arrive, sit in one full daylight ceremony, integrate together, and go home with a group integration call still ahead of you.



WHO HOLDS YOU

A carrier who lives the path.

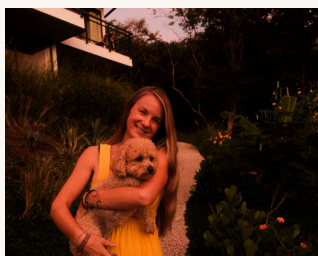


MEDICINE CARRIER · HUACHUMERA

Nikki Szeghalmi

Called to Peru in 2018 from her own history of addiction and depression, Nikki has given herself to the San Pedro path.

Trained in somatic, trauma-informed facilitation through Atira Tan, she meets each guest with a rare balance of grit and softness, and a quickness to laughter. First-timers find her steady. Returning guests find her deep.



Kimberly Ocaña

FOUNDER · SOMATIC CARE

Founder of Ananda Lodge and a somatic, trauma-informed plant-medicine coach, sound-healing therapist and herbalist. She walks beside each guest from the first call to integration.

"I feel more alive, joyful, grateful and full of love than I have in my entire life. This place is special. Go if you are being called."

KIM

JANUARY 16 TO 18, 2027

The shape of the weekend.

JAN 16 · 4:00 PM

Arrival

Settle into your ocean-view room. Welcome circle, intention setting with Nikki, and a nourishing dinner. An early night before ceremony.

JAN 17 · DAYTIME

Ceremony

Somatic grounding at first light, then a full daylight San Pedro ceremony held by Nikki. A fruit offering in the afternoon, a gentle close at sunset, and a warm meal.

JAN 18 · 11:00 AM

Departure

Breakfast and a morning integration circle to name what opened. Practices to carry home, a closing ritual, and departures at 11:00 AM.



Ceremony is held from morning light to sunset. Everything around it is unhurried on purpose.

WHAT IS INCLUDED · 3 DAYS / 2 NIGHTS

All-inclusive, start to finish.

♦ One San Pedro ceremony

A full daytime ceremony held by Nikki.

♦ Intake & preparation session

A personal call before you arrive.

♦ One group integration call

Together again, after you are home.

♦ Two nights of lodging

Ocean-view room above the Pacific.

♦ All meals by our private chef

Fresh, nourishing, prepared daily.

♦ Welcome & closing circles

Intention setting and a morning integration circle.

Additional preparation and integration sessions may be added.

NOT INCLUDED

- ♦ Plant medicine fee
- ♦ Shuttle transportation, which can be added once registration is complete
- ♦ Airfare

INVESTMENT · TEN GUESTS

SINGLE KING · OCEAN VIEW SUITE

\$999

Your own suite with a king bed, overlooking the ocean.

BRING A FRIEND · SHARED ROOM

\$777

Per person. For two guests who register together and share a room. You will never be placed with someone you do not know.

ENROLLMENT CLOSES

January 2, 2027

HOW TO BEGIN

Begin with a conversation.

Whether this is your first time or your tenth, we start by listening: to where you are, what you are hoping for, and whether this weekend is the right fit.

1 Reserve your call

A complimentary 30-minute Sacred Journey consultation.

2 Complete your intake

A health and medication review, then your preparation session.

3 Hold your place

Ten guests. Enrollment closes January 2, 2027.



BOOK A SACRED JOURNEY CONSULTATION

calendly.com/anandaintake/ananda-sacred-journey-consultation

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