



THE EMPOWERED PATH · 2027

Ayahuasca

The grandmother.

Three night ceremonies in the Shipibo tradition.

June 12–19, 2027

ATTUNE · IMMERSE · ANCHOR

Ten guests maximum · Playa Grande, Guanacaste, Costa Rica

Shipibo Ayahuasca, the grandmother.

For those who have done the work for years and keep arriving at the same wound. The insight is there, and yet the body returns to the same place. Ayahuasca works at the root, clearing patterns formed long before you were conscious of them. Held at night in the Shipibo tradition by Maestro Wilder, with icaros, floral baths, and two individual consultas that direct the work toward what you carry.



THREE NIGHT CEREMONIES, ONE CONTINUOUS ARC

Nervous system safety before the medicine, and room to integrate between each ceremony. Each night is directed by what the last one revealed.

DAY 2 · NIGHT

First Medicine

A traditional vomitivo and floral bath prepare the body. That night, the first ceremony builds trust and lets the medicine begin its work.

DAY 4 · NIGHT

The Second Ceremony

A floral bath, then a deepening of what the first made safe to meet. Focused icaros and energy work directed toward each guest.

DAY 6 · NIGHT

The Third Ceremony

The final floral bath and ceremony: harmonizing, anchoring, and closing the medicine arc.

RETREAT	CEREMONIES	GUESTS	MICRODOSE ALLY
Jun 12–19	Three, by night	Ten, maximum	Psilocybin

◆ Around the ceremonies: vomitivo and floral baths, two personal consultas with the Maestro, breathwork, somatic movement, art therapy, beach sunsets, a private chef, and your own ocean-view suite.

I came here to really find myself, feeling hopeless, unable to forgive myself for things from my childhood. I got all of that, and more.

CHRIS · FIRST COHORT

You have touched it in ceremony. This is how you finally move it.

You are not new to this work. Years of therapy or coaching, perhaps psilocybin, perhaps a single ayahuasca retreat. You touched something real, and it came back. What you carry runs deeper: long-held grief, trauma, or patterns that talk and lighter medicines have not reached.

YOU MAY RECOGNIZE YOURSELF HERE

- ◆ You have touched it, and you have not yet moved it.
- ◆ Grief or an old pattern keeps returning: a new relationship, a new form, the same place in the body.
- ◆ A single retreat opened the door, and nothing held you once you walked through it.
- ◆ You are ready for intensity, and you want to go to the root.
- ◆ Lineage matters to you: who carries the medicine, how ceremony is held, how you are kept safe.
- ◆ You can honor the medical screening, the dieta, and the time away this work asks for.

WHAT THE MEDICINE OFFERS

The root clears, and the change holds. Night ceremonies with icaros, held in the Shipibo lineage by Maestro Wilder, followed by twelve weeks of structure to walk you through what opened.

WHAT IT ASKS OF YOU

Courage, and trust in the container. Some nights will be hard. The program is built to hold that, before, during, and long after ceremony.

Not certain this is your medicine? Your alignment call is where we decide together.

Attune. Immerse. Anchor. Every part has a purpose.

Preparation readies the nervous system and sharpens the intention. The retreat opens the door. Integration builds what you saw into how you decide, speak, and live. The same guardians and the same ten people hold you through all of it.

PHASE I · ATTUNE

May 10 – May 31

Preparation

2 personal intention & tracking calls

4 weekly cohort sessions

Microdose ally

PHASE II · IMMERSE

Jun 12–19

The retreat

8 days, 7 nights in Playa Grande

3 Shipibo ayahuasca ceremonies

All-inclusive

PHASE III · ANCHOR

Jun 28 – Sep 6

Integration

3 personalized pathway calls

6 cohort sessions

Microdose ally, two months

HOW THE SESSIONS ARE HELD

Cohort sessions

Live online, on Mondays, with your guardians and your cohort of ten. Weekly in Attune, every two weeks in Anchor. Session time is confirmed at enrollment.

Personal calls

One-to-one video calls with your guardian, booked at times that suit you. Two in Attune for intention and tracking, three in Anchor to shape your pathway.

Microdose ally

Psilocybin. Begins after Session 1 and pauses at Session 4, before the retreat. Picked up again at Session 5 and continued for two months.

Between sessions

Pod pair-ups, a WhatsApp community, daily routines and goals, and integration and resource materials to work with at your own pace.

“This amount of people allowed actual community to be built between all of us. Nothing is missing. Everything is within.”

GUEST · FIRST COHORT

Preparation. Setting the compass.

Attune builds the foundation. We focus on nervous system readiness, presence in daily life, and honing the intention for the work ahead. Safety is built individually and as a community, through one-to-one and group connection, with the support of your microdose ally.

SESSION 1 Directing the Compass

Mon, May 10 ♦ MICRODOSING BEGINS

SESSION 2 Compassion, Forgiveness & the Science of Change

Mon, May 17

SESSION 3 The Body-Mind Connection (Somatics)

Mon, May 24

SESSION 4 Anchoring Journey Intentions

Mon, May 31 ♦ MICRODOSE PAUSES BEFORE THE RETREAT

INCLUDED IN ATTUNE

- ♦ 2 personal intention & tracking calls
- ♦ 4 weekly cohort sessions, live online
- ♦ Psilocybin microdose ally
- ♦ Daily routines and personal goals

THE OUTCOME

A compass set. You arrive in Costa Rica regulated, connected to your circle, and clear on the direction you are headed.

Four weeks of preparation, then three months of integration to help me carry it forward. I left with a true sense of self-acceptance.

LINA · FIRST COHORT

The eight-day healing arc.

A carefully sequenced progression: three ceremonies with room to integrate between each, and two individual consultas that direct the Maestro's work toward what you carry. The full arc of healing, not a single night.

DAY 1 · SAT JUN 12

The Landing

Arrival, welcome, and orientation. Meeting the land, the circle, and the Maestro, and letting the nervous system slow before the work begins.

DAY 2 · SUN JUN 13 · CEREMONY

Vomitivo & First Medicine

A traditional vomitivo and floral bath prepare the body. That night, the first ayahuasca ceremony.

DAY 3 · MON JUN 14 · CONSULTA

Integration & First Consulta

Group integration circle and somatic movement. Your first individual consulta: the Maestro receives what surfaced and directs the next ceremony toward it.

DAY 4 · TUE JUN 15 · CEREMONY

The Second Ceremony

A floral bath, then the second ceremony deepens what the first made safe to meet, with focused icaros and energy work for each guest.

DAY 5 · WED JUN 16 · CONSULTA

Weaving & Second Consulta

Integration circle, art therapy, breathwork, and beach time. Your second consulta prepares and focuses the final ceremony.

DAY 6 · THU JUN 17 · CEREMONY

The Third Ceremony

The final floral bath and third ceremony: harmonizing, anchoring, and closing the medicine arc.

DAY 7 · FRI JUN 18

Landing It

Closing integration circle, somatic movement, and a sunset beach walk. Anchoring what the medicine revealed into the body before you leave.

DAY 8 · SAT JUN 19

Carrying It Home

A closing circle and departure, with a clear thread into Anchor two weeks later.

Three ceremonies, two consultas, one continuous arc. Each ceremony directed by what the last one revealed.

Schedule is a guide and may shift with the needs of the group.

Integration. Living what you saw.

Anchor is the emergence of the new self, and empowerment for the way forward. We take what the medicine showed you and build it into how you decide, speak, and live, with the microdose ally offering structure and clarity. Community deepens as medicine through group sessions, pod pair-ups, and three personalized pathway calls that help each guest walk the path of empowerment and build their own resource toolkit.

BEGINS TWO WEEKS AFTER THE RETREAT · EVERY TWO WEEKS, LIVE ONLINE

SESSION 5 The Integration Pathway

Mon, Jun 28

♦ MICRODOSING RESUMES FOR TWO MONTHS

SESSION 6 Listening & Pattern Re-Programming

Mon, Jul 12

SESSION 7 Moving Through Contractions, Authentic Power & Acceptance as Freedom

Mon, Jul 26

SESSION 8 Personal Integrity & Discernment

Mon, Aug 9

SESSION 9 Truth, Purpose & Aligning Actions

Mon, Aug 23

SESSION 10 Celebration

Mon, Sep 6

INCLUDED IN ANCHOR

- ♦ 3 personalized pathway calls
- ♦ 6 cohort sessions, live online
- ♦ Two months with the microdose ally
- ♦ Pod pair-ups and WhatsApp community

TOOLS YOU WILL BUILD

- ♦ Daily micro habits
- ♦ Healthy, compassionate communication
- ♦ Good boundaries for healthy relationships
- ♦ Your own personal resource toolkit

THE OUTCOME

Aligned action with real results. You name what needs to change to live in joy, clarity, and abundance, and you begin to change it.

Your guardians, from first call to last.

The same team holds every phase. They know your story, your intentions, and your nervous system. You are never handed off.



Maestro Wilder

SHIPIBO MAESTRO

Wilder has walked the Shipibo healing path for over twenty-three years, dieting and initiating with master plants including remo caspi, chihuahuaco, and palo voladora. He specializes in warmis plants, harmonizing relationships and restoring emotional connection. He is present for the full retreat and leads two individual consultas with each guest.



Michal

AYAHUASCA GUARDIAN

Co-founder of Imago Community, Michal holds two degrees in psychology and was initiated through Santo Daime, with deep study alongside Colombian Taitas, Peruvian Maestros, and Brazilian Pajés. She honors the law of origin while bringing the integration the present time demands.



Emma

CEREMONIAL FACILITATOR

Mother, musician, and ceremonial facilitator rooted in Indigenous wisdom traditions, Emma works with the medicine of sound and voice. She supports plant medicine integration, helping guests turn moments of expansion into sustainable, lived change.



Hanne

BREATHWORK FACILITATOR

A certified breathwork facilitator and professional dancer, Hanne guides breath, meditation, and somatic movement as a fully embodied path to healing. She leads the breathwork of the retreat, helping guests move what the mind alone cannot.

Limited spaces, held with intention.



PROGRAM INVESTMENT

The full sixteen weeks: intake, Attune, the all-inclusive eight-day retreat, and Anchor. Ten guests maximum, with two places held for partial scholarships.

\$6,111

ENROLLMENT CLOSES	ATTUNE BEGINS	RETREAT
May 9, 2027	May 10	June 12–19

WHAT IS INCLUDED

- ◆ All-inclusive stay
- ◆ Preparation
- ◆ Supporting materials and guidebooks
- ◆ Art therapy
- ◆ Onsite group and individual integration
- ◆ Intake
- ◆ Integration
- ◆ Group shuttle transportation
- ◆ Two breathwork sessions

NOT INCLUDED

Plant medicine fee	\$150
Microdose medicine from aligned partners	\$125
Onsite add-on services	Optional

IS THIS PATH RIGHT FOR YOU?

1	2	3	4	5
Apply	Alignment call	Reserve your spot	Complete intake	Begin the path

APPLY NOW

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