

ANANDA LODGE · PLAYA GRANDE, COSTA RICA

The Inner Vision *Immersion*

DECEMBER 3-8, 2026 · PSILOCYBIN & SAN PEDRO

*Two sacred medicines. One ceremonial arc. The vision you carry
into the new year, finally clear.*

[BOOK A SACRED JOURNEY CALL](#)

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8 GUESTS MAX

6 DAYS / 5 NIGHTS

2 CEREMONIES

◆ PSILOCYBIN & SAN PEDRO

◆ \$3,995

◆ PLAYA GRANDE, COSTA RICA

WHO THIS IS FOR

You can feel the year turning. *The next chapter has not yet been named.*

You are not in crisis. You have done real work on yourself. And still, something is not resolved. A direction that remains unclear. A knowing you can feel but cannot quite articulate. As December arrives, the quiet pressure intensifies: you want to enter January with clarity, not just intention.

Pulled in too many directions

Vision without traction

You know something needs to shift

Busy doing, never being

A next chapter waiting to be named

Ready to hear your own signal again

This is not wound-processing. This is course-correction from the inside. **Two of the world's most profound plant medicines, held within an unbroken indigenous ceremonial tradition, have the capacity to return you to your own knowing.**

THE MEDICINES

The medicine of vision.

The medicine of the heart.

Psilocybin and San Pedro are not interchangeable. Each works through a different door. Together, in six days, they create a complete arc: dissolution and then clarity, opening and then grounding. This is the specific sequence Felipe and Adriana of Ikkaruna have refined over years of ceremonial practice.

Psilocybin

THE HOUSE OF SPHERES · DAYTIME CEREMONY

Psilocybin is the medicine of Costa Rica's living traditions. In the context of Ikkaruna's ceremonial framework, guided through music, song, and ritual art, it creates a temporary dissolution of the familiar self-narrative. The boundary between the known self and the deeper layers of the psyche softens. What lives beneath the noise surfaces. The House of Spheres ceremony is held at the family altar during the day, guided by Felipe and Adriana's original ceremonial songs and a practice refined through years of research in ritual therapeutic art. This is the opening: a first deep listening.

San Pedro (Wachuma)

THE CHAKANA ALTAR · NIGHTTIME VIGIL

San Pedro is the sacred medicine of the Andes. A profound and powerful teacher, it operates over eight to twelve hours as a nighttime vigil. Working through the body rather than around it, the Chakana ceremony is a night of song and prayer guided by the Andean Chakana altar, the Stepped Cross, master symbol of Andean cosmovision. The group journeys through four times and spaces of the night in communion with Pachamama. San Pedro does not dissociate. It clarifies. What Psilocybin opened during the day, Wachuma roots into the body through the night as felt conviction.



This is not two separate medicine experiences. It is a single, unified arc, sequenced with precision by practitioners who have held both traditions for over a decade.

IKKARUNA · SONGS OF GOOD LIVING

Felipe Kilakeo & Adriana Chantico. *The practitioners holding this container.*

Ikkaruna is not a brand. It is a living ceremonial lineage, carried by Felipe and Adriana as an expression of indigenous practice from the Andes and the Americas. They have spent years refining the intersection of

ancestral medicine, ritual art, and somatic healing. Their work is oriented toward the continuity and expansion of ancestral memory.



ANDEAN CEREMONIALIST · NATUROPATH · MUSICIAN

An artist of Mapuche Qolla origin, Felipe is a therapist specializing in Naturopathy, Iridology, Herbal Medicine, Medical Arts, and Spiritual Sciences. He is a director and musician of Andean Ceremonies and Rituals, and a researcher of ancestral technologies. He has studied within the context of the native traditions of Abya Yala (the Americas). His work operates in the fields of culture, art, spirituality, and medicine across indigenous and mestizo communities. Felipe holds the Chakana ceremony and leads the ceremonial song methodology throughout the immersion.



CEREMONIAL SINGER · BIOENERGETIC THERAPIST

Adriana is an alternative, bioenergetic, and bodywork therapist specializing in Biomagnetism therapy and Traditional Thai Massage. She teaches Yoga, Meditation, Anusara Yoga, and Ashtanga Vinyasa Yoga, and guides healing processes through ceremonies with sacred plant medicines, rituals, healing arts, and Red Road practices. She is the feminine voice of Ikkaruna, and her ceremonial singing is a living demonstration of the very practice she teaches. During ceremony, Adriana's voice is a primary instrument of healing.



Is this the right container for you?

A Sacred Journey Call is 30 minutes. A real conversation about readiness, intention, and fit.

[BOOK A SACRED JOURNEY CALL](#)

THE ARC

Six days. A complete structure.



Day 1 — Arrival & Grounding

Arrive at Ananda Lodge and settle into the land. An evening welcome circle introduces the group, the facilitators, and the week's intentions. Dietary guidelines, ceremony protocols, and the arc of the six days are reviewed together. The grounding begins before any medicine is taken.

Day 2 — The House of Spheres

The Psilocybin ceremony, held during the day. Guided by Felipe and Adriana's ceremonial songs, the family altar, and stories of origin. Individual dosage consultation is held prior. The ceremony is trauma-informed throughout and held as an offering to the spiritual world, guided by music, song, and ritual art. This is the opening of the arc, a first deep listening.

Day 3 — Integration & Going Deeper

The first full day of Ikkaruna's methodology. Morning sessions explore natural melody, rhythm and body, territorial identity, and the cosmology of sound. Afternoon practice includes voice and resonance practices and personal poetic writing. Individual consultations, cleansings, and therapies are available in the open spaces. The day closes by tending what has begun to emerge from the first ceremony.

Day 4 — The Chakana Ceremony

A nighttime vigil at the Chakana Altar. The group journeys through four times and spaces of the night in song, prayer, and communion with Pachamama. The medicine received across the week, through the first ceremony and through song, meets the embodied clarity of Wachuma. Felipe holds the Andean ancestral tradition; Adriana's voice as healer and singer guides the group through the night. This is often when the vision arrives fully.

Day 5 — Integration

A day held lightly. Individual consultations with Felipe and Adriana are available. Cleansing therapies and bodywork are offered. The grounds are open for solitary reflection, journaling, and creative expression. No structured group programming, only the space to integrate. Additional consultations, cleansings, and therapies available for a supplemental fee.

Day 6 — Closing & Departure

A morning closing circle to honor what each person found across the six days. The intentions carried into the new year are named and witnessed by the group. Departure follows. Post-immersion integration support from the Ananda team continues in the weeks ahead.



Want the full program detail, day-by-day arc, and preparation guidance before your call?

[DOWNLOAD THE BROCHURE](#)

IS THIS RIGHT FOR YOU

Named clearly.

This is for you if —

- ✓ You are ready for a depth of work that combines two sacred medicines into a single ceremonial container
- ✓ You feel a creative, directional, or expressive capacity that remains blocked or unnamed
- ✓ You are drawn to the intersection of ancestral lineage, ceremonial art, and personal transformation

This is not for you if —

- ✗ You are in acute psychological crisis or require immediate clinical intervention
- ✗ You are currently on SSRIs, MAOIs, or contraindicated medications without physician confirmation
- ✗ You are seeking primarily a healing retreat rather than a ceremonial arts immersion
- ✗ You are not prepared to actively participate in vocal and creative ceremonial practices

✓ You want to work with master practitioners who hold living indigenous traditions

✗ You cannot commit to the full six-day arc and comprehensive intake process

✓ You are willing to commit fully to the process, the group container, and what each day asks of you

✓ You want to enter January with direction, not just intention

INVESTMENT

What is included.

\$3,995

6 days / 5 nights · Payment plans available · Partial scholarships considered

- ◆ 5 nights accommodation at Ananda Lodge (single or double room)
- ◆ Psilocybin ceremony (The House of Spheres) with Felipe and Adriana of Ikkaruna
- ◆ San Pedro / Wachuma ceremony (The Chakana Altar) with Felipe and Adriana of Ikkaruna
- ◆ Individual dosage consultation prior to each ceremony
- ◆ Two full integration days with individual consultations and support from Felipe and Adriana
- ◆ Pre-immersion preparation guidance (2 sessions)
- ◆ 3 post-immersion integration sessions with the Ananda team

◆ All meals from arrival dinner through departure breakfast

◆ Access to lodge grounds, pool, and common areas

◆ Maximum 8 guests

Payment plans available. Partial scholarships considered on a case-by-case basis.

DEEPEN THE WORK

Personal sessions with Felipe & Adriana.

Felipe and Adriana offer a range of individual healing arts drawn from their lineage traditions. These sessions are available during the integration days and are among the most personally transformative elements guests carry home from the immersion.

Iridology

With Felipe. A diagnostic lens into constitutional patterns and underlying imbalances.

Biomagnetism & Bodywork

With Adriana. Bioenergetic therapy and Traditional Thai Massage to move and ground what the ceremonies open.

Individual Sound Healing

A private session using sound as a precision integration tool.

Energetic Clearing Sessions

Cleansing and energetic clearing available on integration days to support what each ceremony releases.

All personal sessions available at additional cost. Discussed and scheduled during the immersion.

Ready to begin?

A Sacred Journey Call is 30 minutes. It is a conversation about readiness, intention, and fit, not a sales call. If this container is the right one, you will know by the end.

BOOK A SACRED JOURNEY CALL

DOWNLOAD THE BROCHURE

Or write to us directly: info@anandalodgecr.com

QUESTIONS

Answered directly.

Why Psilocybin in the evening and San Pedro at night? +

Who are Felipe and Adriana? What is Ikkaruna? +

Do I need prior ceremony experience? +

How do Psilocybin and San Pedro work together over six days? +

What does the prerequisite screening process involve?

